

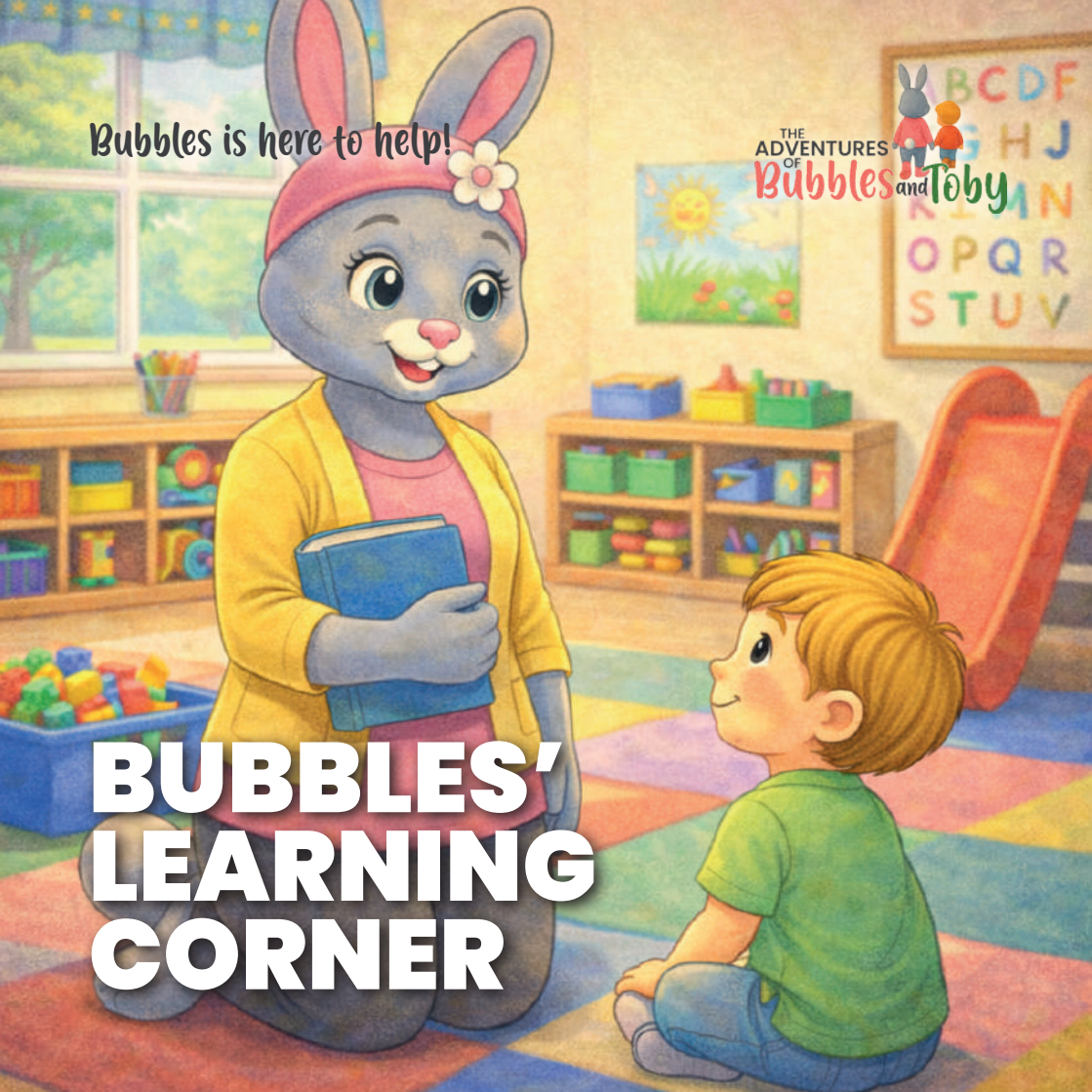
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THE  
ADVENTURES  
OF

Bubbles and Toby



# BUBBLES' LEARNING CORNER



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# PARENTS – PLEASE READ THIS

There has been a **rise in Meningitis B cases** in some parts of the UK.

Knowing the **early signs** can help protect your child.

Swipe to learn what to look for.



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**MENINGITIS –  
WHAT IS IT?**

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## **What is meningitis?**

Meningitis is an infection that affects the lining around the brain and spine.

It can be caused by different germs.

## **What is Meningitis B (MenB)?**

MenB is caused by a specific bacteria.

It's one of the more common serious forms - which is why we hear about it more.



**BUBBLES'  
LEARNING  
CORNER**

*Understanding it helps  
us stay aware, not afraid.*

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# MENINGITIS – SYMPTOMS



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## Symptoms can appear quickly



Watch for:

- Rash that doesn't fade when pressed
- High temperature
- Severe headache
- Stiff neck
- Vomiting or tummy upset
- Muscle aches
- Dislike of bright lights
- Very cold hands and feet
- Confusion or unusual behaviour
- Very sleepy or hard to wake



Trust your instincts  
- you know your child best.

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**MENINGITIS -  
STAYING SAFE**



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## How can we help protect our families?



- Vaccination can offer strong protection
- Wash hands regularly
- Avoid sharing drinks, food or cutlery

If you're unsure about vaccinations, your GP can help.

## Remember

This is about awareness, not panic.



**BUBBLES'  
LEARNING  
CORNER**

Don't be scared - be careful.